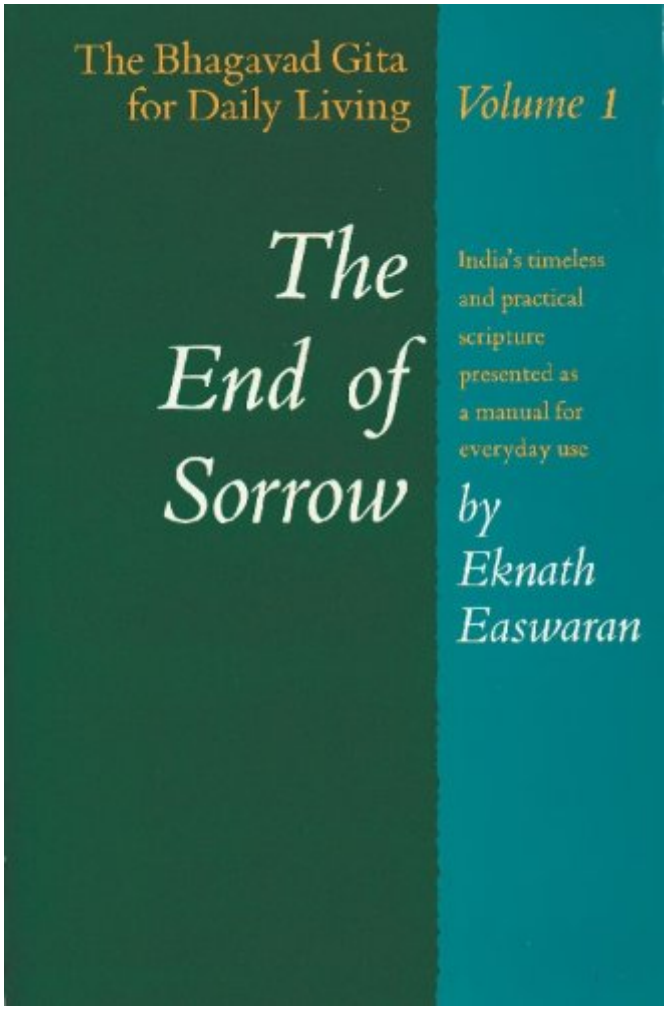
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The End Of Sorrow: The Bhagavad Gita For Daily Living, Volume I: 001



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Synopsis

India’s timeless and practical scripture presented as a manual for everyday use. This is the first of three volumes and contains preface, introduction, chapters 1-6 of The Bhagavad Gita with commentary, followed by a glossary to Sanskrit terms.

Book Information

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Customer Reviews

Eknath Easwaran’s writing is exceptional! His way of taking the scriptures & translating it in a way that I can implement in my daily life is impressive! A great writer & so far the best translation of The Bhagavad Gita I have come across in ages! I would highly recommend this book. This is a gift for a family member, but I own all three volumes in hardcover and are considered treasures in my library! Easwaran with his breadth of learning has incorporated the best of spiritual teachings from around the world.... To share the path of achieving spiritual enlightenment!

Easwaran, a contemporary Hindu spiritual teacher presents the Bhagavad Gita, explained verse by verse with the help of anecdotes that range from the classics of Indian and English literature to

gently humorous stories drawn from his own life in India and in Berkeley, California.This three-volume project took ten years; he did it out of inspiration for Gandhi who was said to have used the Gita as a manual of everyday conduct.The Gita starts out with the young warrior-prince Arjuna facing an enemy host across a battlefield; he despairs because the enemy is his own extended family. How can he fight them?His charioteer and good friend is Lord Krishna whom he apparently doesn't know is the avatar of God. Krishna gives him a pep-talk about his duty, and thus does the Gita explode into a huge metaphor about the battlefield within oneself where one must go to extinguish ego and "separateness" and realize that all things are one with God.I don't know how easily I could read the unadorned verses because it just goes on forever with Arjuna occasionally asking a worried question which prompts yet more instruction from Lord Krishna. But with Easwaran's interpretations, it's very enjoyable and clear.I can't read too much at one sitting because the message of unity in God becomes way too repetitive for me. But it's a nice edition with each verse shown in Sanskrit characters and then English. Volume One took me about a month to read, progressing at a few pages every night.

it is good reed. simple language.

all good

This book is an interpretation of Bhagavad Gita, great Indian spiritual classic. This is the first volume of three volumes. This volume covers first 6 chapters of 18 chapters that are there in the Bhagavad Gita.For many people, Bhagavad Gita may come across as a set of verses which do not make much sense. There is certainly a need for scholarly interpretation for common people like us to understand this classic. Many great scholars have attempted to interpret this classic with a sole view that the extraordinary wisdom hidden in Bhagavad Gita becomes available to common people. However, the need of the hour is to be able to interpret timeless wisdom in a way that is applicable to current life conditions. Bhagavad Gita, which must have been first developed thousands of years ago, if read in verbatim may not make much sense to people of today.That's the void Sri Easwaran fills in this three volume commentary on Bhagavad Gita. Easwaran has very nicely developed these volumes. Having been trained in English and Sanskrit and more importantly having the benefit of spending his life time in the 20th century, he is in the best position to help us understand and gain from the wisdom of Bhagavad Gita. It is one thing to be able to give a scholarly commentary. It is altogether a different thing to be able to describe the gist of Gita from self experience. Easwaran

being one of the great spiritual masters is able to drive home the point effectively because he is no mere a scholar full of intellectual hot air but someone who spent more than 50 plus years of his fruitful life practicing the spirituality based on timeless principles of Bhagavad Gita.If you have been wanting to know more about Bhagavad Gita, this is the set of books you want to try reading. The book is organized in short essays which take one verse at a time and Easwaran comments on each verse using day to day parables, anecdotes and how the particular verse applies to our lives today - What we can learn from it. What we can take out of that verse and apply to our lives today. No wonder this books has been considered one of the best books on Bhagavad Gita and has been translated to more than 20 languages.More information about Easwaran, his spiritual foundation and life can be found at [...].This is a life changing book. Changing life for better. So, pick it up and immerse yourself in it and see your life change for better.

SO SENSIBLE AND FREE FROM HYPOCRISY. THHIS IS A GOOD MAN, WRITING OF A SUBJECT HE KNOWS WELL . I APPRECIATE THE WISDOM OF HIS INTERPRETATIONS.

I would recommend this book to everyone! It ranks above the Bible, in my personal humble opinion. Well worth spending the money!

The commentary is lovely. Easwaran was a professor of literature and his work utilizes these skills magically.

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